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PALEO KITCHEN



Gourmet Shop Menu

TURKEY BREAST "BALLOTINE" - \$99

Holiday favorite, this sensational turkey breast is stuffed with sage, garlic, celery, carrots and parsley. Comes with gravy
(min order-1 ballotine, approx 4 lbs, serves 8-10)

ROASTED DUCK - \$59

Natural raised Muscovy duck roasted with 5-spice orange glaze delivering crispy skin perfection
(min order - 1 whole duck, approx 4 lbs, serves 5-7)

POACHED ALASKAN SALMON - \$249

Whole salmon poached in white wine and herbs then decorated with thin cucumber segments. Comes with dill sauce
(min order-1 whole salmon, approx 10 lbs, serves up to 60)

BRAISED SHORT RIBS - \$125

Succulent and heartwarming grass-fed short ribs slowly braised with root vegetables, wine and balsamic
(min order - 2.5 lbs, serves 5-8)

NEW YORK STEAK - \$189

Glorious grass-fed New York Steak roasted with herbs. Ideal as a principal course. Comes with brandy peppercorn sauce
(min order - 8 lbs, serves 15-20)

TENDERLOIN OF BEEF - \$249

Delicate and refined grass-fed tenderloin of beef. Great as a starter or a main course. Comes with Malbec wine sauce
(min order - 1 whole tenderloin, approx 4-5 lbs, serves up to 20)

PALEO MEATLOAF \$125

Delicious, uniquely Paleo meatloaf made with grass-fed veal and Kobe beef. Comes with Malbec wine sauce
(min order - 1 meatloaf, serves 15-20)

PORK TENDERLOIN \$129

(min order - 1 whole tenderloin, approx 8-10 lbs, serves 15-20)

ROASTED LEG OF LAMB - \$169

Spectacular leg of lamb garnished with dates, apricots, coriander and mint. Comes with Thyme Jus
(min order-1 leg of lamb, approx 4 lbs, serves up to 25)

Sides

(min order - ½ pan, serves 20-25, \$69)

POTATO AU GRATIN (Dairy Free)
SMASHED BASIL AND SAGE POTATO
WHIPPED MASHED POTATOES
ROASTED BUTTERNUT SQUASH
SPINACH & LEEK SOUFFLÉ

BALSAMIC GLAZED BRUSSELS SPROUTS
ROASTED BROCCOLI WITH CHILI PASTE
CAULIFLOWER GRATIN
NAPOLEON OF ASSORTED VEGETABLES
SWEET POTATO & CHESTNUT SOUFFLÉ

4-DAY ADVANCED NOTICE REQUIRED ON ALL GOURMET ORDERS.
TO PLACE AN ORDER OR TO SCHEDULE A PICKUP PLEASE CALL (480) 771-5124